



Cashmore Early Years Centre Newsletter

July 2023

We would like to send the families with children moving on to school best wishes for the future. We will miss you! We look forward to seeing the children returning to us in September. Have a good summer!

Recently, the children have been exploring numerals in the environment and experimenting with colour mixing. They have also been reading Handa's Surprise and exploring the fruits mentioned in the book using their senses – most children found they did not like avocado!



TOILET TRAINING

Did you know?

When potty training your child, switching between pull-ups and pants during the day can be confusing and lead to more accidents. If your child is constipated, it can also lead to more wee accidents.

For help and advice on potty training <https://eric.org.uk/>

School meal price increase

In accordance with the catering contract under which school meals are provided by Chartwells, the new price for a school meal will be **£2.37** from Friday 1 September 2023.

Session pricing

From 1 September, the price of sessions will be £25 per half day session (morning or afternoon).

Visits to St Werburgh's City Farm

Thank you to parents for volunteering and as a result the visits to St Werburgh's City Farm will go ahead next week. Please ensure your child is at nursery at 9.00am on the day their group is going.

Bear Group on Monday 10 July (Key Person: Char/Rebecca)

Tiger Group on Tuesday 11 July (Key Person: Shirley)

Zebra Group on Friday 14 July (Key Person: Chloe)

Summer safety

It is summer at last! Please make sure your child's **shoulders are covered (no strappy tops)**, bring a **sun hat** (labelled with your child's name) and **apply sun cream** before your child comes to school. There are sun creams available that last all day and this would be preferable. However, if your child is at school all day, you can send in **sun cream** (labelled with your child's name) and the staff will help them reapply it after lunch. Please do not leave sun cream in your child's bag but give it to a staff member. The children spend a lot of time outside: climbing; playing ball games; gardening and running around. Please do not send in sunglasses unless it is for a medical condition.



School photographs

Thank you for your orders. Concept Photography will be returning your orders as soon as they are processed before the end of term.

End of year celebration

On Wednesday 19 July we will be having an end of year celebration. Parents/carers are welcome (see attached letter).

INSET Days

The School will be **CLOSED on:**

Friday 1 and Monday 4 September

Important Dates

Wednesday 19 July – End of year celebration

24 July – 31 August (inclusive) – **SCHOOL CLOSED** for summer holidays

INSET day – **Friday 1 and Monday 4 September** – (**SCHOOL CLOSED**)

Return to school – **Tuesday 5 September**

End of year celebration on Wednesday 19 July



We will be having a teddy bears' picnic during the morning and afternoon sessions on **Wednesday 19 July**.

Children should attend their usual session at the usual time.

Parents are invited to come and join in the picnic:

Morning session 10.50-11.50am

Afternoon session 2.00-3.00pm

For each picnic the children will make sandwiches with their group, and if they choose – they will make beautiful hats to wear to the picnic. We are asking parents to donate 50p per child towards food for the picnic. With this donation we will buy food and ingredients for the children to make their own sandwiches.

Please still pack spare clothes for your child – if it is hot weather there will be a lot of water play to keep cool!

If your child does not attend on a Wednesday, please speak to your key person to arrange to come in and join us for one of the picnics.

Don't forget your bear!



Family Fun

AT TRINITY



**10AM - 12PM EVERY FRIDAY
DURING SUMMER**

**Free sessions with activities available
for 0-11 year olds**

**Play, sing, share stories, nature play,
drumming and dance**

**Have supportive discussions around
health, behaviour, infant feeding and
safety.**

**Parents / carers are responsible for their
children at all times during the session.**

SESSION DATES:

**28 JULY
4 AUGUST
11 AUGUST
18 AUGUST
25 AUGUST**

**PARTNERSHIP BETWEEN: CENTRAL BRISTOL CHILDRENS
CENTRE, LAWRENCE HILL HEALTH CENTRE, TRINITY**

TRINITY:

TRINITY COMMUNITY ARTS, THE TRINITY
CENTRE, BRISTOL, BS2 0NW
INFO@TRINITYBRISTOL.ORG.UK 0117 935 1200
REGISTERD CHARITY NUMBER: 1144770





Central Bristol Children's Centre - Summer Fun 2023

Email: cbcc@bristol.gov.uk Facebook: [Central Bristol Children's Centre](#) Web: centralbristolcc.co.uk

Family fun at Trinity

10-12 every Friday during summer (Drop in, no need to book) 28th July, 4th, 11th, 18th and 25th August. Free sessions with activities available for 0-8yrs. Play, sing, share stories, nature play, drumming and dance. Have supportive discussions around health, behaviour, infant feeding and safety.

Parents/carers are responsible for their children at all times during the session.

Partnership between: CBCC, Lawrence Hill Health Centre, Trinity Further information/any questions contact CBCC on 0117 9030337

Family Fun at St Georges Park

10-12 pm Wednesday 26th July and Wednesday 9th August (drop in, no need to book) Free sessions with activities available for 0-8 years

Play, sing, toddler yoga under the trees, boogie disco for all. Partnership between: Central and East Bristol Children's Centre.

Parents/carers are responsible for their children at all times during the session.

Further information/any questions contact the children's centre – Central 0117 9030337 or East 0117 353 2899

Family Fun at St Pauls Children's Centre (Family Hub)

10-12 every Monday during the summer (drop in, no need to book) 24th, 31st July, 7th, 14th, 21st August

Free sessions with activities available 0-8 years. Play, sing, boogie disco/toddler yoga and much more

Parents/carers are responsible for their children at all times during the session.

Further information/any questions contact CBCC on 9030337

Family Fun at Bannerman Road Children's Centre

10-12 pm Tuesday 1st and Tuesday 15th August (drop in, no need to book) Free sessions with activities 0-8 years.

Play, sing, boogie disco/toddler yoga and much more

Parents/Carers are responsible for their children at all times during the session.

Further information/any questions contact CBCC 0117 3532081

Wellspring Settlement Family Centre ~~Ducie~~ Road, BS5 0AX Email: info@wsb.org.uk Web: wellspringsettlement.org.uk

Further information/any questions call 0117 955 6971



Central Bristol Children's Centre - Summer Fun 2023

Email: cbcc@bristol.gov.uk Facebook: [Central Bristol Children's Centre](#) Web: centralbristolcc.co.uk

Monday 24 th July	Tuesday 25 th July	Wednesday 26 th July	Thursday 27 th July	Friday 28 th July
Drop in at Wellspring 9:30-11am Family Fun at St Pauls 0-8 years 10-12pm	Baby Group at Wellspring 9:30-11am	St Georges fun in the park 10-12 – run with EAST CC Toddler Yoga under trees Boogie Disco Baby Hub at Bannerman 1-2:30pm	Activities in The Park for the whole family run by Wellspring 10-11:30 Baby Hub at Wellspring 1-2pm Baby Hub at St Pauls 1-2:30pm Baby hub at Hope Chapel 1-3pm	Family Fun at TRINITY and Baby Hub 0-8 years 10- 12 pm Drumming workshop
31 st July	1 st August	2 nd August	3 rd August	4 th August
Drop in at Wellspring 9:30-11am Family Fun at St Pauls 0-8 years 10-12pm Boogie Disco	Baby Group at Wellspring 9:30-11am Family fun at Bannerman 10-12pm 0-8 years	Baby Hub at Bannerman 1-2:30pm	Activities in The Park for the whole family run by Wellspring 10-11:30 Baby Hub at Wellspring 1-2pm Baby Hub at St Pauls 1-2:30pm Baby hub at Hope Chapel 1-3pm	Family Fun at TRINITY and Baby Hub 0-8 years 10-12 pm Dance movement Photographer
7 th August	8 th August	9 th August	10 th August	11 st August
Drop in at Wellspring 9:30-11am Family Fun at St Pauls 0-8 years 10-12pm	Baby Group at Wellspring 9:30-11am	St Georges fun in the park 10-12 – run with EAST CC Toddler Yoga under trees Boogie Disco Baby Hub at Bannerman 1-2:30pm	Activities in The Park for the whole family run by Wellspring 10-11:30 Baby Hub at Wellspring 1-2pm Baby Hub at St Pauls 1-2:30pm Baby hub at Hope Chapel 1-3pm	Family Fun at TRINITY and Baby Hub 0-8 years 10-12 pm Dance movement
14 th August	15 th August	16 th August	17 th August	18 th August
Drop in at Wellspring 9:30-11am Family Fun at St Pauls 0-8 years 10-12pm Boogie disco	Baby Group at Wellspring 9:30-11am Family fun at Bannerman 10-12pm 0-8 years	Baby Hub at Bannerman 1-2:30pm	Activities in The Park for the whole family run by Wellspring 10-11:30 Baby Hub at Wellspring 1-2pm Baby Hub at St Pauls 1-2:30pm Baby hub at Hope Chapel 1-3pm	Family Fun at TRINITY and Baby Hub 0-8 years 10-12 pm ? Activity boogie disco Photographer 1.00 pm families can stay for theatre session
21 st August	22 nd August	23 rd August	24 th August	25 th August
Drop in at Wellspring 9:30-11am Family Fun at St Pauls 0-8 years 10-12pm	Baby Group at Wellspring 9:30-11am	Baby Hub at Bannerman 1-2:30pm	Activities in The Park for the whole family run by Wellspring 10-11:30 Baby Hub at Wellspring 1-2pm Baby Hub at St Pauls 1-2:30pm Baby hub at Hope Chapel 1-3pm	Family Fun at TRINITY and Baby Hub 0-8 years 10-12 pm Drumming workshop



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED...

M&S and Farmhouse Inns

SUMMER HOLIDAYS

at the Family Centre



Monday 24th July to Thursday 31st August

Mondays

9.30 to 11.00am: stay and play (drop-in session)
Antenatal session twice a month (book via midwife)

Tuesdays

10.00 to 11.00am: baby group
11.00am to 12.00pm: 1-1 support for baby group parents

Wednesdays

Bookable 1-1 meetings and drop in

Thursdays

10.00 to 11.30am: physical activities in Netham Park for the whole family
1.00 to 2.00pm: baby hub

Outreach support appointments are available from Monday to Thursday from 9.30am to 3.00pm at your home or place of your choosing

Appointments available from Monday to Thursday in the afternoons for extra support or signposting information, get in touch to arrange a 1-1 meeting with a family worker



Your Holiday HUB Bristol

Hundreds of
holiday activities
are available
in Bristol

Eligibility criteria apply



Sports



Day trips



Cookery

Performing
arts

Crafts

yourholidayhubbristol.co.uk



Your
Holiday
HUB
Bristol

Department
for Education



BAND
Bristol's After-School Clubs



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