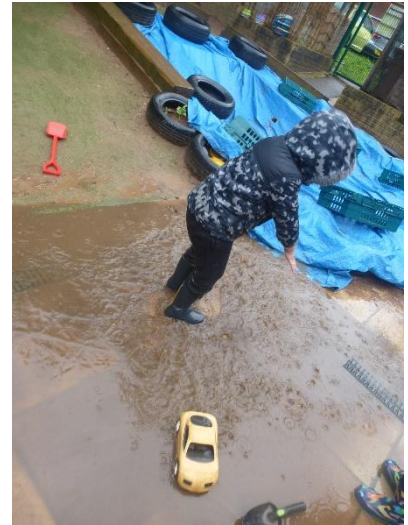




# Cashmore Early Years Centre Newsletter

## September 2023



A very warm welcome to all children returning to Nursery and to the children starting Nursery for the first time. This term our priority is to help all the children to get to know the adults and other children and to be confident to find what they need to be busy and happy.

### Prompt pick up

**Please remember that the morning session finishes at 12.00pm (gates open at 11.50am).** Staff have lunch 12.00-12.30pm to ensure they are ready and available for all the children during the afternoon session. **The afternoon session finishes at 3.30pm (gates open at 3.20pm).** We open the gate 10 minutes beforehand to allow time to talk with you at handover/collection.

### Snack donation

Thank you to the parents who continue to donate to the children's snack time. The school provides milk but we rely on donations from parents for snack times during the morning and afternoon sessions. The children eat **fresh fruit** (e.g. apples, bananas, oranges, pears) or **vegetables** (e.g. carrots, cucumbers). We would be grateful if you could **donate fruit weekly OR you can make a small money donation** in the tin provided in the garden/Reception at drop-off times.



### Drinks

We provide drinking water throughout the session. **Please do not put flavoured drinks in your child's bag/packed lunch** e.g. Fruit Shoot, fruit juice, squash, flavoured sparkling water. If your child wants a bottle, please put in a bottle of tap water. Dentists say it is bad for teeth to drink sweet/sugary drinks from a bottle.

## **Parking**

Please **DO NOT BLOCK THE ROAD OR OTHER VEHICLES IN** (even for a short period of time) when dropping off/picking up.

## **Application for primary school**

Please remember that the deadline for applying for a Reception Class place for your child is 15 January 2024 (if your child was born between 1 September 2019 and 31 August 2020). The online application system is now open ([www.bristol.gov.uk/schooladmissions](http://www.bristol.gov.uk/schooladmissions)). If you require any help with this, please ask.

## **Photo display**

We are creating a photo display of the children in our setting. Please could you let us have any photos of your child with their family which you are happy to have displayed in the school.

## **Parent consultations**

Parent consultations will take place in October (date/time to be confirmed).

## **Clothes and wellies**

Please could you provide your child with a **pair of wellies** to wear during wet play. We also ask if you could please provide your child with **spare clothes** in case of accidents and a **coat** as the weather is changeable. Please **write your child's name in their clothes/wellies**.



## **Nursery clothes**

If your child comes home in **nursery clothes**, please **return** as soon as possible.

## **Toilet training**

If your child is toilet training, please put **wet wipes in their bag** and lots of **spare clothes** (including **socks**).

## **Surplus food from M&S**

On a Thursday evening, staff pick up surplus food from M&S which would otherwise go to waste. Anything we can't use for snack, we put outside on Friday for parents to take. Please help yourself to save food waste.

## **Reception library**

In Reception **we have books which you can borrow** and return when you have read them with your child. Reading with your child is great for their listening and attention skills, language development, brain development and a lovely bonding time for you and your child.



### **New parent governor needed**

Our Governing Body is made up of community, parent, staff and Local Authority Governors. Our Governors come from a range of different backgrounds, skills and experiences, but they are all volunteers who work together for the benefit of the School and are the link between the School and the community it serves.

**We are currently looking for a new parent governor.** Being a Governor can be enjoyable, stimulating and rewarding. Please don't be put off by thinking that you have to have specialist expertise or knowledge. Enthusiasm and interest is much more important to start with and there is training and support available to help you. Please remember you will be joining a long-established Governing Body and will be supported by fellow Governors with many years of experience. If you would like more information, please contact Maggie on Reception.

### **Important Dates**

Half term – School **CLOSED** from **Monday 23 to Friday 27 October** (inclusive)  
Return to school – **Monday 30 October**

At Cashmore Early Years Centre we are committed to safeguarding and promoting the welfare of children and young people. This is our safeguarding team.



**Simon Holmes**  
**Headteacher**  
**Designated Safeguarding Lead**



**Charlotte Carter**  
**Deputy Headteacher**  
**Deputy Safeguarding Lead**



**Sharon Cutler**  
**School Business Manager**  
**Deputy Safeguarding Lead**



**Tracey Gudonis**  
**Governor**  
**Named Safeguarding Governor**

## Packed Lunches

If your child is bringing a packed lunch to nursery school please remember the following points:



- Clearly label your child's packed lunch box with their name and key group on the outside of the box.
  - Remember that many pre-packaged items are adult portion sizes.
    - A child portion size is the size of their fist. A child may only need a half a sandwich - made from one slice of bread. A bag of crisps is an adult portion.
    - Beware hidden sugar. The NHS advice is children should have less than 19g a day for children aged 4 to 6 years old (5 sugar cubes or 5 teaspoons). A single miniature pot of yoghurt may have up 3-4 teaspoons of sugar.
    - Sweets and chocolate are not permitted because they contain unhealthy amounts of sugar.
    - Always include some fruit or fresh vegetables but remember that small tomatoes and grapes are a very common cause of choking in children, and should be cut in half **lengthways**.
  - Please do NOT include a drink in your packed lunch. The school provides water for all children (freely available all day). Current dental advice is that children aged 3 to 4 should not drink anything except water from a bottle. Fruit juices or squashes are highly acidic and high in sugar, and so cause serious damage to young teeth.
  - Please remember some children have allergies, we therefore request that you **do not** include nuts or nut products, such as Nutella, in your child's lunch box.
  - Please do not include cans or glass bottles/jars in your child's lunch box.
- If you have any queries about packed lunches or any issues relating to food at school or at home please talk to your child's key person and they will be very happy to help you or introduce you to another team member who can help.

**Thank you for your help.**

## St Philip's Marsh/Cashmore join the My School Fund initiative to help boost our budget

We're pleased to announce that St Philip's Marsh Nursery School/Cashmore Early Years Centre is part the My School Fund initiative. This innovative scheme allows for us to be able to boost our school's budget with your help.

### How does it work?

Parents, guardians and carers can sign up to the scheme for free and start earning cashback on the things they buy in participating retail stores, including Sainsbury's and Argos. As you spend you'll receive 2% cashback in the form of eGift vouchers that can be redeemed in participating stores. By linking your spend to our school on the My School Fund website we'll also earn 1% cashback on your spend.

Add that all up across our school's network of families and together we can all make a big difference!

### How to get involved

Visit [myschoolfund.org](https://myschoolfund.org) to register for free and link to St Philip's Marsh Nursery School BS2 0SU. From there, everything you spend in participating stores will go towards helping boost our budget, plus your own!

Sign up today at [myschoolfund.org](https://myschoolfund.org)

**Cashback for you and your school**

In association with

Sainsbury's Argos ESPO

1% 2%

Your chosen school You

**We're part of My School Fund**

Find out more