



Cashmore Early Years Centre Newsletter

January 2024



This term we are supporting children moving to new key groups, welcoming new children into nursery and supporting all children to make connections in their lives and lives of their friends.

We have been exploring and dressing up as heroes who help us in the community e.g. dentists, farmers, doctors, construction workers. The children have also been interested in transport and we have made a bus/train using chairs, read *The Train Ride* and have been singing *The Wheels on the Bus*. Click on the links for great BBC song videos to help sing this song with your child at home [The Wheels On The Bus](#).

We will be walking to Lidl next week to buy healthy snacks for our snack time and to see the wonderful people who helps us at Lidl.

We will also be celebrating Lunar/Chinese New Year (Year of the Dragon) soon. You can find out more about Lunar New Year by visiting [Chinese and Lunar New Year - CBeebies - BBC](#). You can also find local celebrations by clicking on the link [Where to celebrate Lunar New Year in Bristol - Visit Bristol](#)



SENSORY PLAY

Sensory play - play that stimulates any of a child's senses - builds thinking, learning and problem-solving skills. Sensory play includes touch, smell, sight, sound and taste, in addition to movement, balance, and spatial awareness. Children need these experiences for brain development and they actively seek sensory experience. This is why messy play and outdoor play are important for children and why they are motivated by it. Please help us to support children's developmental needs by sending them in old clothes that can get dirty with paint, mud, clay, playdough, flour, glue and anything else children can get their hands on.

Did you know if you **mix cornflour with water** it makes a gloopy mixture you can explore easily at home?

Playdough recipe (no cooking involved) – mix together 1 cup of flour, ½ cup of salt, 1 tablespoon of cream of tartar, 1 tablespoon of oil and ¾ cup of warm water.

NEXT TERM World Book Day is on 6 March 2024. On **Tuesday 5 and Thursday 7 March** your child is invited to dress up in pyjamas, bring a teddy, their favourite book and £1 donation. To find out where your donation goes, click on the link <https://www.worldbookday.com/>. Please remember that children will still be playing outside so ensure that they have warm clothes to put on/under their pyjamas.

Clothes and wellies

Children play outside in all weathers. This is very important for their development and learning. During Winter children must stay warm and dry. Your child needs a **warm, waterproof coat, gloves, hat and welly boots every day. PLEASE WRITE YOUR CHILD'S NAME IN ALL CLOTHES/WELLY BOOTS.**



Your child's bag

Please put enough **nappies and wipes** for the session (if they are in nappies/pull-ups) and **spare clothes (including socks)** in case we have to change children after toileting accidents or from water play. **PLEASE WRITE YOUR CHILD'S NAME IN ALL CLOTHES.**

Nursery clothes

If your child comes home in **nursery clothes, please return** as soon as possible.

Toys brought into nursery

Please encourage your child to **KEEP TOYS AT HOME**. Toys from home are likely to get lost, broken or cause conflict. Staff are not responsible for the whereabouts of toys brought in from home.

Local dentist offering one-off check-up for children

If your child is not registered with a dentist, a local NHS dentist is offering a **free one-off check-up** for your child on **Saturday mornings** (9.00am-1.00pm) at **Kings Road Dental Practice**, Kings Road, Bristol, BS4 3HH (<https://kingsroad-dental.co.uk/>):

27 January, 10 February, 24 February, 9 March and 23 March

If you are interested, please let the Office know and we will forward your details to the dentist.

One-to-one sessions with Family Worker

On **Thursdays 9.00-10.00am** a **Family Worker** from the Wellspring Settlement is available for one-to-one sessions to support families to access groups, access training and adult learning, apply for nursery/school places, apply for healthy start vouchers, access money and housing support and improve your family's health and wellbeing. Just drop in!

School meals

School meals must be paid for IN ADVANCE via ParentPay. The School cannot keep arrears and it may lead to meals being stopped.

If your child is 3 and you are in receipt of certain benefits, you may well be entitled to free school meals. If you think you may be entitled, please ask at Reception.

Absence/illness

If your child has sickness and/or diarrhoea, please remember that they must stay off school for at least 48 hours from the last time that they were ill. Also, it is the time of year for coughs, colds and other viruses. **If your child is unwell keep them at home and phone Cashmore (0117 3534295) to report the absence.** We can only give prescribed medication at school that has a pharmacist sticker on the bottle/box with your child's name on it – we cannot give any medicines that you have bought over the counter.

Severe Weather

We always try to keep the school open and plan carefully for all eventualities. However, on occasions we have had to close because of severe conditions. This is usually snow related and because of health and safety or staff shortages. If we are in a situation where we cannot open the School it will be announced on local radio stations (Radio Bristol 95.5FM), and published on the Local Authority and School websites. We will also send you an email via ParentPay.

www.bristolcity.gov.uk

www.cashmoreearlyyearscentre.co.uk



Snack donation

Thank you to the parents who continue to donate to the children's snack time. The school provides milk but we rely on donations from parents for snack times during the morning and afternoon sessions. The children eat **fresh fruit** (e.g. apples, bananas, oranges, pears) or **vegetables** (e.g. carrots, cucumbers). We would be grateful if you could **donate fruit weekly OR you can make a small money donation** in the tin provided in the garden/Reception at drop-off times.



Important Dates

Monday 5 February – School CLOSED INSET day
12-16 February (inclusive) – half term holiday – School CLOSED
Word Book Day celebration – **Tuesday 5 and Thursday 7 March**
Thursday 28 March - School CLOSED INSET day
Friday 29 March – School CLOSED – Bank Holiday
1-12 April (inclusive) – Easter holidays – School CLOSED



PARENTING PUZZLE

FREE
4 Week
Group

For parents of children aged
0 - 5 years old

Workshop 1: Understanding Children's Behaviour, Listening and Communicating, Praise and Encouragement

Workshop 2: Praise and Guidance vs. Criticism, Child-led Play, and Positive Moments

Workshop 3: Boundaries and Parenting Styles, Time to Calm Down, Dealing with Stress and Conflict

Workshop 4: Choices and Consequences, Behaviour to Ignore, Putting the Puzzle Together, Looking after Ourselves



Scan here to
register
your
interest!

Visit your local Children's Centre website to find out more



nbcc



EBCC



SAFEGUARDING TEAM

At St Philip's Marsh Nursery School/Cashmore Early Years Centre we are committed to safeguarding and promoting the welfare of children and young people. This is our safeguarding team.



Simon Holmes
Headteacher
Designated Safeguarding Lead



Charlotte Carter
Acting Deputy Headteacher
Deputy Safeguarding Lead



Sharon Cutler
School Business Manager
Deputy Safeguarding Lead



Heidi Taylor
Governor
Named Safeguarding Governor