



Cashmore Early Years Centre Newsletter

July 2024

We would like to send the families with children moving on to school best wishes for the future. We will miss you! We look forward to seeing the children returning to us in September. Have a good summer!



TOILET TRAINING

Did you know?

When potty training your child, switching between pull-ups and pants during the day can be confusing and lead to more accidents. If your child is constipated, it can also lead to more wee accidents.

For help and advice on potty training <https://eric.org.uk/>

Belongings

Please **remember to take all your child's belongings home** on their last day of term, even if they will be returning to school in September. This allows our school to be cleaned and reorganised over the holiday. Items commonly left behind include medication, sun cream, water bottles, lunch boxes, bags, spare clothes, waterproofs and wellies, etc. **Anything left behind will be thrown away** to allow for the deep clean.

Summer safety

When the sun shines it is important to take some precautions to keep your child healthy and safe. Please make sure your child's **shoulders are covered** (e.g. by wearing a T shirt instead of a strappy top), provide a **sun hat** (labelled with your child's name) and apply **sun cream before** your child comes to school. There are sun creams available that give protection all day and this would be preferable. It is very challenging for staff to safely apply sun cream to every child due to the number of children attending the setting and due to the allergy needs of the children. Applying long-lasting sun cream at home ensures your child is safely protected and allows staff to focus on your child's learning and wellbeing. Staff will of course support children to wear sun hats, wear long-sleeved clothing when needed, drink water and provide shady areas to play etc.

The children spend a lot of time outside: climbing, playing ball games, gardening and running around. **Open-toed sandals, crocs and flip flops are not suitable footwear for nursery and can be dangerous.** Please be mindful of this when choosing your child's summer shoes.

Please **do not send in water bottles** as fresh water is available during the day.



School meals

School meals must be paid for IN ADVANCE via ParentPay. The School cannot keep arrears and it is likely to lead to meals being stopped.

Before your child finishes for the summer holidays, please ensure any **outstanding balance is cleared**. If your child is leaving the school and there is a credit on your child's ParentPay account, this will be refunded.

If your child is 3 and you are in receipt of certain benefits, you may well be entitled to free school meals. If you think you may be entitled, please ask at Reception.

Trip to Windmill Hill City Farm

Thank you to the parent volunteers for making the 3-4 year old trips to Windmill Hill City Farm such a success – we couldn't have done it without you! Photos will be available on the website/Facebook page soon.

Coffee mornings

Come along to our coffee mornings at the Settlement every Wednesday morning 9.15-11.00am (term time only) for a chat, tea/coffee and cake. A staff member from Cashmore will also be there.

Staff and governor changes

At the end of this term, we say a fond farewell to Shaheeda and Fartuun and thank them for their hard work and dedication in ensuring the children's education is at the centre of all we do. We will also miss Charlene and Beki but they won't be far away as they are joining the team at St Philip's. Clare Morton will be moving to be based at Cashmore, working Tuesdays-Fridays.

Headteacher's retirement

As a result of Simon Holmes' retirement, we are pleased to announce that Charlotte Carter will continue as Acting Headteacher and Clare Morton will be Acting Deputy Headteacher.

Simon said *"It has been a wonderful last year at the School and I will leave with so many happy memories. I will miss you all and wish the very best for you and your children in the future."*

INSET Days

The School will be **CLOSED on: Monday 2 and Tuesday 3 September**



FRIENDS OF VICTORY PARK INVITE YOU TO

VICTORY PARK FREE COMMUNITY PICNIC

TUESDAY 20TH AUGUST 2024
11AM-2.00PM

BUBBLES

GAMES

CRAFTS

FACE PAINTING

VINTAGE BUS

ICE CREAM VAN

SANDWICH
MAKING

BRING A BLANKET AND A PICNIC!



FIND US ON FACEBOOK



Your Holiday HUB Bristol

Hundreds of
holiday activities
are available
in Bristol

Eligibility criteria apply



Sports



Day trips

Cookery



Crafts

Performing
arts



yourholidayhubbristol.co.uk

Your
Holiday
HUB
Bristol

Department
for Education



BAND
Bristol Area Neighbourhood
Development



HAF funded by DfE – supported by Bristol City Council, BAND, Feeding Bristol and Playful Bristol



FREE
4 Week
Group

PARENTING PUZZLE

For parents of children aged
0 - 5 years old

Workshop 1: Understanding Children's Behaviour, Listening and Communicating, Praise and Encouragement

Workshop 2: Praise and Guidance vs. Criticism, Child-led Play and Positive Moments

Workshop 3: Boundaries and Parenting Styles, Time to Calm Down, Dealing with Stress and Conflict

Workshop 4: Choices and Consequences, Behaviour to Ignore, Putting the Puzzle Together, Looking after Ourselves

Starting
Wednesday
7th - 28th August
7pm - 9pm

Online Group
via Zoom



If you would like further information or to register your interest directly then please call us on: 07721311497 or email: pssso@bristol.gov.uk

Once you have registered your interest, a member of the team will be in touch to find the best course location for you (in person or virtual options available).



FAMILY CENTRE Summer timetable



From Monday 29th July to Thursday 22nd August 2024

Our weekly services include:

- Parenting information meetings face to face/ telephone support with Tracey or Laura
- Weekly Baby Hub for general health or breastfeeding support
- Family park activities on Mondays
- Barton Hill families only - family drop-in
- Baby Group 0-1 year old babies.



www.wellspringsettlement.org.uk info@wsb.org.uk
Settlement Site, 43 Ducie Road, BS5 0AX - 0117 955 6971
Wellspring Site, Beam Street, BS5 9QY - 0117 304 1400



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Mondays

Local Park Activities for the whole family
10 to 11.30am

Monday 29th July Urban Park BS5 9LY

Monday 5th August Gaunts Ham BS5 0BD

Monday 12th August Netham Park BS5 9RY

Monday 19th August Urban Park BS5 9LY

Baby Group 1 to 2pm: Babies 0-12 months
Settlement Site, Ducie Road, BS5 0AX

MONDAY 26TH August BANK HOLIDAY

Tuesdays 10 to 11:30am

Local parents drop in for Barton Hill parents
and children
All ages welcome!

Wednesdays

Family information meetings/ telephone support
Call Tracey on 0117 9556971 ext 161

Thursdays 1 to 2pm

Baby Hub and infant feeding support
Healthy Start Vitamins

If you would like to find out more about what
we have on offer, call us on 0117 9556971 and ask
to speak with a Family Worker.

For
Barton
Hill
Families

Your family is invited to School Holiday Food and Fun

Free

Travelling Light Studios, Wellspring Settlement, Ducie Street,
Barton Hill, BS5 0AX

Monday 29th July and
19th August
2 - 4.30pm

Cooking and Play session

Drop off only

Interactive cooking and play activities
for children in school years 1 - 6.

A fun packed session with games,
creativity and cooking. The food
prepared in the session can be taken
away or eaten together when the
parent/carer returns at 4.30pm.



Book your child's space
Priority given to children on eligible free school
meals.



Wednesday 31st July,
7th and 14th August
12 - 2pm

Last food served 1pm

Family Café with Creative Activities

Family drop in to build your own lunch
and get involved with creative activities.

- Activities for children in school years 1 - 6 (siblings are welcome).
- Parent/carers stay must stay.
- Last food served 1pm
- No booking required for Wednesdays.
- Dietary requirements can be catered for if give 48hours notice
Amy 07801 762655



Date for
the diary

Celebration Event

Wednesday 21st August, 12-2pm.

Further details will be sent by invite
for those that have attended our
summer sessions.

Any questions message Amy lunchstlukes@gmail.com 07801 762655



@travellinglighttheatre



ST LUKE'S LUNCH
SCHOOL HOLIDAY FOOD & FUN



@stlukeslunch

Your
Holiday
HUB
Bristol

Summer in Barton Hill

Free activities for children and families

Priority spaces for families on free school meals

Wednesday 31st July, 7th and 14th August

12-2pm Drop in to make your own lunch and get involved with creative activities



Travelling Light Studios,
Wellspring Settlement,
Ducie Rd, BS5 0AX

Monday 29th July and 19th August

2 - 4.30pm Cooking and play session

Booking essential for the Monday sessions - Use the QR code above to book or message Amy.



Amy 07801 762655
@stlukeslunch

Family Centre

Mondays 10 - 11.30am - Local park activities for the whole family. See attached flyer for locations.

Tuesdays 10 - 11.30am Barton Hill parents and children drop in.



Ducie Road
BS5 0AX
0117 357 4192

30th July and 29th August - Arts, crafts and sports in Urban Park.

1st August - Trip to Watercress Farm.

7th August - Trip to Eastville Park Playday

To book message Sasha Pollington - sasha@imayla.co.uk



Tuesdays 13:00pm - 17:00pm and Thursdays 12:00 pm - 16:00pm

Urban Park, Barton Hill, BS5 9LY

Enriching activities and hot meal during summer holidays.

Free to show up, you can also prebook by contacting:

Mohamed 07449 919302 or

bristolsomaliyouthvoice@hotmail.com



Department
for Education

