



Over the last two weeks we have been learning about fireworks and celebrating Diwali (the Hindu festival of light). We have looked at factual Diwali books, made and decorated clay divas and explored LED candles and real candles (with great care of course!). We have also painted, printed and chalked firework pictures, made Rangoli patterns using coloured rice and sung our *Fireworks* song. You can see some of the photos on the Centre's website and Facebook page.

WINTER OUTDOOR LEARNING

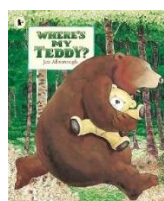
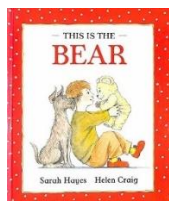
- Children are interested in nature, plant life and minibeasts and they learn to be respectful and curious about living things.
- Children have sensory experiences with rain, wind, ice and learn about what to wear to keep warm.
- Fresh air and space are good for your body and your mind.

Did you know?

Colds and flu are caused by viruses, not cold weather.

Hippo and Giraffe Groups (2-year-olds)

We have been mark making using pens, chalks and pencils, exploring inset puzzles and we are especially interested in putting together train tracks for our trains. Our book has been *This is the Bear* and this week we will be starting *Where's My Teddy?*



Zebra and Tiger Groups (3-year-olds)

The children have been really interested to learn about Diwali. We have also been practising recognising numbers, ordering numbers, counting and adding one more than or subtracting one less than. Our core book is *The Tiger who came to Tea*. Maybe you could enjoy a pretend tea party at home, just like Sophie and the Tiger!



Prompt pick up

Please remember that the morning session finishes at 12.00pm (gates open at 11.50am). Staff have lunch 12.00-12.30pm to ensure they are ready and available for all the children during the afternoon session. **The afternoon session finishes at 3.30pm (gates open at 3.20pm).** We open the gate 10 minutes beforehand to allow time to talk with you at handover/collection.

Sickness

If your child has sickness and/or diarrhoea, please remember that they must stay off school for at least **48 hours** from the last time that they were ill. Also, it is the time of year for coughs and colds. If your child is unwell keep them at home and telephone the Centre on 0117 3534295 to report the absence. **If your child has a high temperature this means they are unwell. Please keep them at home until their temperature is normal.** A normal temperature is 36.4°C but this can vary.

We can only give prescribed medication at school that has a pharmacist sticker on the bottle or box prescribed to your child – we cannot give any medicines that you have bought over the counter.

The NHS have a useful website answering parents' questions 'Is my child too ill for school?'

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

[A parent's guide to keeping kids healthy this school year – UK Health Security Agency](#)

[In addition, please find attached to this newsletter the UKHSA advice flyer 'Should I keep my child off school?'](#)

Cases of measles are rising across England, and there are a small number of measles cases in Bristol and the surrounding area, please see information

[What to do if you think your child has measles and when to keep them off school – The Education Hub](#)

How to prevent catching a cold

A person with a cold can start spreading it from a few days before their symptoms begin until the symptoms have finished. The best ways to avoid catching a cold are:

- washing your hands with warm water and soap;
- not sharing towels or household items (like cups) with someone who has a cold;
- not touching your eyes or nose in case you've come into contact with the virus – it can infect the body this way;
- staying fit and healthy.

The flu vaccine helps prevent the flu but not colds. **The cold virus is NOT caused by playing in water/playing outside. If children do get wet during play, we change them into dry clothes as soon as they have finished playing.**

Snack donation

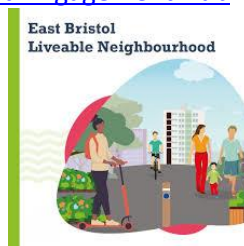
Thank you to the parents who continue to donate to the children's snack time. The school provides milk but we rely on donations from parents for snack times during the morning and afternoon sessions. The children eat **fresh fruit** (e.g. apples, bananas, oranges, pears) or **vegetables** (e.g. carrots, cucumbers). We would be grateful if you could **donate fruit weekly OR you can make a small money donation** in the tin provided in the garden/Reception at drop-off times.



Driving to Nursery

As you are probably aware, Bristol City Council have started to install the **East Bristol Liveable Neighbourhood trial** scheme in a bid to create a safer, healthier, and greener neighbourhood. Measures include changes to traffic management, providing safe journey routes for pedestrians and active travel, and introducing new planters and pocket parks which will be installed across Barton Hill and parts of Redfield and St George. **Please note that this will affect your journey to/from Cashmore if you come by car.** For more information:

[East Bristol Liveable Neighbourhood | Ask Bristol Consultation and Engagement Hub](#)



Parking

Please **DO NOT BLOCK THE ROAD, DOUBLE PARK OR BLOCK OTHER VEHICLES IN** (even for a short period of time) when dropping off/picking up outside the Centre as it is causing frustration to the local residents and there will not be enough room for emergency vehicles to get down the road.

Application for primary school

Please remember that the deadline for applying for a Reception Class place at school for your child is **15 January 2025** (if your child was born between 1 September 2020 and 31 August 2021). The online application system is now open (www.bristol.gov.uk/schooladmissions). If you require any help with this, please ask.



Family photo boards



We have a family photo display of the children in our setting to help with their sense of belonging and community. **Please could you give us some photos of your child with their family** which you are happy to have displayed in school (no more than 3). If you do not have access to a printer, you are very welcome to email the photos to us – your child's key person will be able to give you their email.



Clothes and wellies

As the weather is getting colder, children will need appropriate clothing and footwear. We go into the garden in all weathers! Please could you provide your child with a **pair of wellies** if possible. Please also put lots of **spare clothes** in their bag in case of getting wet/toileting accidents and a **coat** as the weather is changeable. Please **write your child's name in their clothes/wellies**. Wet weather gear and 'all weather' suits are also a very good way to keep children dry and can be purchased quite reasonably.



Nursery clothes

If your child comes home in **nursery clothes**, please return them as soon as possible.

Coffee mornings

Come along to our coffee mornings at the Wellspring Settlement every Wednesday morning 9.00-11.00am (term time only) for a coffee, play and chat. A staff member from Cashmore will also be there.

Toilet training

If your child is toilet training, please put **wet wipes in their bag** and lots of **spare clothes** (including **socks**).

Surplus food from Marks & Spencer

Marks & Spencer kindly give us surplus food which would otherwise go to waste. Anything we can't use for snack time is put outside on Fridays for parents/carers to take. Please help yourself to save food waste.

Reception library

Please borrow a book to share with your child! We have library shelves in Reception and by the door where you drop off your child. Let your child choose a book to enjoy at home, then return it and choose another book. Reading with your child is great for their listening and attention skills, language development, brain development and a lovely bonding time for you and your child. You don't always need to read the words, it's also good to talk about the pictures.



INSET Days

The Centre will be closed on the following days for staff training: **Friday 20 December**

New parent governor needed

Our Governing Body is made up of community, parent, staff and Local Authority Governors. Our Governors come from a range of different backgrounds, skills and experiences, but they are all volunteers who work together for the benefit of the School and are the link between the School and the community it serves. **We are currently looking for a new parent governor.** Being a Governor can be enjoyable, stimulating and rewarding. Please don't be put off by thinking that you have to have specialist expertise or knowledge. Enthusiasm and interest are much more important to start with and there is training and support available to help you. Please remember you will be joining a long-established Governing Body and will be supported by fellow Governors with many years of experience. If you would like more information, please contact Maggie on Reception.

Closure due to bad weather

We always try to keep the school open and plan carefully for all eventualities. However, on occasions we have had to close because of severe conditions. This is usually snow related and because of health and safety or staff shortages. If we are in a situation where we cannot open the Centre, it will be announced on local radio stations (Radio Bristol 95.5FM) and published on the Local Authority website and Centre website and Facebook page. We will also send an email to you via ParentPay.



www.bristolcity.gov.uk

<https://cashmoreearlyyearscentre.co.uk/>

Christmas



Towards the end of term, we will be celebrating the Christian festival of Christmas. We will be hosting two Christmas parties, on **Tuesday 10 December (morning) and Thursday 12 December (afternoon)**. If your child does not normally attend one of these sessions, they can attend one party. Please let your child's key person know which one you would like them to attend. More details to follow in the December newsletter!

Important Dates

Every Wednesday 9.00-11.00am (term time only) – coffee morning at Wellspring Settlement with member of Cashmore staff

Christmas party – **Tuesday 10 December, morning only**

Christmas party – **Thursday 12 December, afternoon only**

Menu change – festive roast dinner – **Wednesday 11 December**

INSET Day – School **CLOSED** – **Friday 20 December**

Christmas holidays – School **CLOSED** – **Monday 23 December to Friday 3 January (inclusive)**

Return to School – Monday 6 January

Full details of all Bristol City Council term dates until Jul 2026 can be accessed [HERE](#)

Parents & Carers



**Come for a coffee, play
and chat at**



**Wednesdays
9.00 – 11.00am**

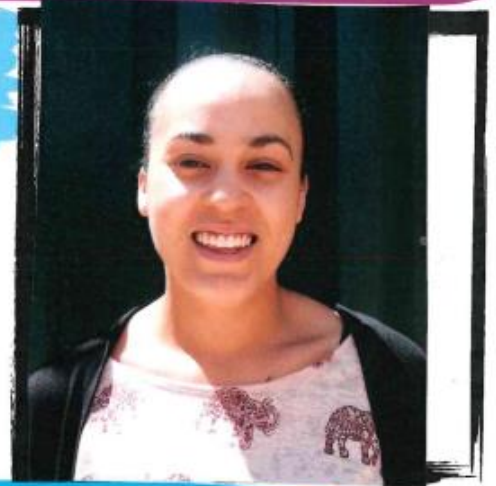
Join Tracey and
the Cashmore
team!

CAPO

**Children
Affected by
Parental
Offending**

Your CAPO Champion is:

Cressida



In every community there are families affected by having a family member in prison or the criminal justice system. We provide a welcoming space for children and families affected by offending and imprisonment.

For confidential, non-judgemental support contact:

0117 3534295 / cashmore@bristol-schools.uk

or email: CAPO@everyfamily.org.uk

everyFAMILY



CAPO
Children Affected by
Parental Offending



UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



Winter Clothing



Now the weather has changed, please remember to provide appropriate outdoor clothing for your child as we experience lots of learning when we go outside in all types of weather.

Also, please don't forget to label your child's clothes.

Thank you

Rainy Day



Wellington boots



Waterproof Coat & Trousers

Wintery day



Coat



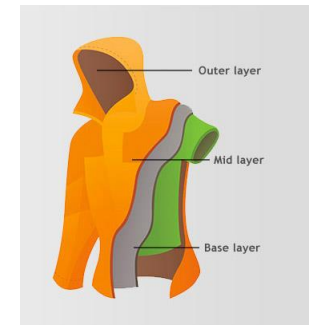
Hat



Gloves



Scarf



Layers of clothes